

YOU CAN HELP

- I want to donate \$175 to feed a child for a full school year.
- I want to donate \$20 to feed a child for a full month.
- I want to donate \$_____ to help feed a child.

Your Name

Street Address

City, State, Zip

Phone

Email

Or send a check to:

FNAZF
2225 N. Timberline Rd.
Flagstaff, AZ 86004



Mike and Colby Miller



THEY
NEED
OUR HELP

For more information,
please contact:

Mike Miller

1 928 600-3990
mike.miller@fnazf.org

Colby Miller

1 928 600-6930
colby.miller@fnazf.org

www.FNAZF.org



FNAZF is a 100% volunteer based non-profit organization that is here to help stamp out food insecurity in Northern Arizona.

CURRENT ISSUES

Thousands of children receive free or reduced price breakfast and lunch at school, but often go hungry on weekends. **These children are from families that live more than 185% below the poverty level**, thus qualifying for food assistance through federally funded programs in schools. Frankly, when school ends, so do their meals.

WHEN SCHOOL ENDS, SO DO THEIR MEALS

THE SOLUTION

Every Friday we provide these kids with a bag of food that contains 3,000 - 3,500 calories with 100 grams of protein and 150% of the daily allowance of calcium and 300% of vitamin C. We are mindful to not provide items that require refrigeration, stoves, dishes or flatware. Additionally the bags of food weigh less than 5 pounds for ease of carrying for our young recipients.

#FNAZF_CARES



WHAT GOES IN OUR BACKPACKS

- ✓ Ravioli, Spaghetti-O's or Stew
- ✓ Juice Boxes
- ✓ Shelf-Stable Milk
- ✓ Easy Mac
- ✓ Plastic Fruit Cups
- ✓ Individual Cereals or Oatmeals
- ✓ Protein Bars or Granola Bars
- ✓ Peanut Butter
- ✓ Non-Refridgerated Pudding
- ✓ Trail Mix

THE RESULTS

It has been shown that children who are part of these programs have had **test score increases in Math up to 23% and Reading 30%. Absenteeism and behavioral issues decreased by up to 40%** after their first year of participation.

(Backpack Buddies, Bowie, Texas)

We Need Volunteers, Sponsors, and Donors.

We Are Non-Profit

Feeding Northern Arizona's Future is an Arizona-based 501(c)(3) nonprofit organization. Our Federal Tax ID # is 47-3366698.



Make A Donation

- **\$175** will feed a child for every weekend during the school year.
- **\$20** will feed a child for every weekend for one month